

8th Grade Health  
Feb. 17, 2010  
Assessment 5.0

1. Identify the 7 stages of Grief from the following website.

<http://www.recover-from-grief.com/7-stages-of-grief.html>

2. Write each stage down with a brief description.

3. Make up a scenario of grief - use one stage to describe your scenario

Example:

Sara and her friends were out late last night. Sara had too alcohol in her system. She insisted on driving home. On the way home Sara lost control of her car and hit a telephone pole. She survived the crash but lost 2 of her friends. Sara was in so much pain about losing her friends and felt guilty for driving when she should have called home or have someone else drive who did not drink that night. Sara will have to live with the guilt that she caused her friends death.

Stage 2- Pain and Guilt.